




# November 2011

New Lenox



Preferred Meal Systems, Inc.  
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Monday		Tuesday		Wednesday		Thursday		Friday	
		1		2		3		4	
		POPCORN CHICKEN		SPAGHETTI (WHOLE WHEAT) W/ MEAT SAUCE		BEAN & CHEESE BURRITO		CHEESE PIZZA DIPPERS Marinara Dipping Sauce	
		HOT DIGGETY DOG		TORPEDO SANDWICH		CHEESEBURGER		GRILLED CHICKEN FILLET	
		Potato Wedges Mixed Fruit Cup Hot Dog Bun Corn Muffin		Cut Green Beans Fresh Apple Garlic Bread		Potato Rounds Fresh Orange Hamburger Bun Mini Pretzels		Mixed Greens Salad Pear Cup Hamburger Bun Goldfish Crackers	
7		8		9		10		11	
MINI CORN DOGS		CRISPY CHICKEN TENDERS (WHOLE GRAIN)		CHEESE PIZZA DIPPERS Marinara Dipping Sauce		ORANGE GLAZED CHICKEN W/BROWN RICE & VEGETABLES		 <b>Veterans Day</b>	
PEPPERONI PIZZA WEDGE		HOT DOG		CRISPY CHICKEN FILLET (WHOLE GRAIN)		HAMBURGER			
Potato Rounds Blended Fruit Juice White Cheddar PopCorners		Mashed Sweet Potatoes Fruited Gelatin Hot Dog Bun		Tossed Salad Fresh Pear Hamburger Bun		Fresh Apple Grape Juice Hamburger Bun Lemon Muffin			
14		15		16		17		18	
CHEF'S CHOICE		TURKEY W/STUFFING & GRAVY		NEW! CHEESEBURGER LUNCH MUNCHIE		MARCHELLONI PIZZA DAY!!!		<b>Half Day No Lunch</b>	
?????		HOT DOG		TURKEY AND CHEESE ON A SUB		Goldfish Crackers Mixed Fruit Cup			
Cherry Frozen Juice Bar Honey Wheat Pretzels		Peas & Carrots NEW! Bonzi Blueberry Applesauce (All Natural) Garlic Bread Hot Dog Bun Thanksgiving Cookie		Maple Baked Beans Fresh Pear Chocolate Chip Pumpkin Muffin					
21		22		23		24		25	
<b>NO SCHOOL</b>		<b>NO SCHOOL</b>		<b>NO SCHOOL</b>		 <b>Happy Thanksgiving</b>			
28		29		30					
CRISPY CHICKEN TENDERS (WHOLE GRAIN)		MACARONI & CHEESE W/TURKEY HAM		MEATBALL SUB W/TOMATO SAUCE					
PEPPERONI PIZZA WEDGE		HOT DOG		CRISPY CHICKEN FILLET (WHOLE GRAIN)					
Potato Wedges Grape Juice Fritos		Green Garden Peas Mixed Fruit Cup Hot Dog Bun Vanilla Cookie		French Fries Fresh Pear* Hot Dog Bun Hamburger Bun Cheddar Goldfish Crackers					

\*\*\*ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS. \*MENU SUBJECT TO CHANGE.